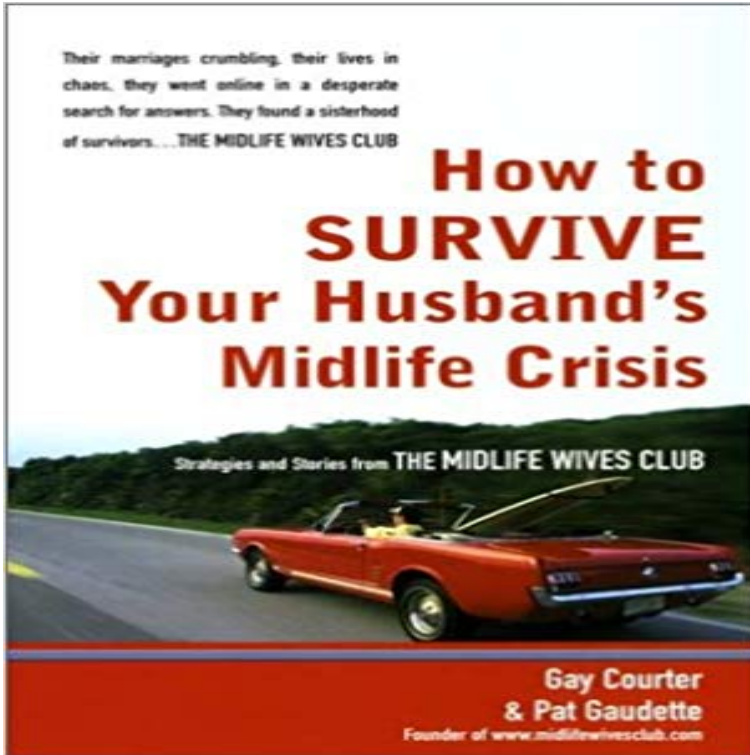


# How to Survive Your Husbands Midlife Crisis: Strategies and Stories from the Midlife Wives Club



A midlife crisis can devour a relationship. The Midlife Wives Club is a supportive online sisterhood for midlife mates—a place to vent some steam, share advice, or just get a reminder that they're not alone. In this guide, readers find wisdom from both Midlife Wives and experts on: Recognizing the symptoms of male midlife crisis Coping with the threat (or reality) of infidelity Handling bad behavior—thrill-seeking, financial irresponsibility, or substance abuse Identifying underlying problems like depression and anger Deciding when to stick it out—and when to pack it in Protecting children from the fallout Making it through the crisis...and coming out stronger, saner, and more self-reliant With personal stories from real women (and men), a list of resources, and a heartening sense of humor, *How to Survive Your Husbands Midlife Crisis* can help smooth out the rough spots—and turn a tumultuous time into a change for the better.

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0.0/5. Retrouvez How to Survive Your Husbands Midlife Crisis: Strategies and Stories from The Midlife Wives Club et des millions de livres en stock sur **How to Survive Your Husbands Midlife Crisis: Strategies and Stories** Whether its your midlife crisis or their midlife crisis, youre in the right place. True Stories of Adultery support for women whose husbands were having a midlife crisis and it was known as The Midlife Wives Club. 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